

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 12pm-All Recovery Meeting	2 10:30am Mindful Meditation 12pm -All Recovery Meeting 1:30pm - 3pm NAMI Meeting	3 10am - All Recovery Meeting (Virtual Only)
4 8am - AA Sunday Serenity CLOSED	5 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	6 12pm- All Recovery Meeting 5:30pm- Find your Calm	7 10:55am-Nicotine Anonymous 12pm - All Recovery Meeting 1:30pm - Recovery KARAOKE 5:30pm - Y12SR Yoga	8 12pm-All Recovery Meeting	9 10:30am Mindful Meditation 12pm -All Recovery Meeting	10 10am - All Recovery Meeting (Virtual Only)
11 8am - AA Sunday Serenity CLOSED	12 Closed 	13 12pm- All Recovery Meeting 5:30pm- Find your Calm	14 10:55am-Emotions Anonymous 12pm - All Recovery Meeting 1:30pm - Recovery KARAOKE 5:30pm - Y12SR Yoga	15 12pm-All Recovery Meeting	16 10:30am Mindful Meditation 12pm -All Recovery Meeting	17 10am - All Recovery Meeting (Virtual Only)
18 8am - AA Sunday Serenity CLOSED	19 12pm - All Recovery Meeting 7:30pm - 12&12 NA Meeting	20 12pm- All Recovery Meeting 5:30pm- Find your Calm	21 10:55am-Nicotine Anonymous 12pm - All Recovery Meeting 1:30pm - Recovery KARAOKE 5:30pm - Y12SR Yoga	22 12pm-All Recovery Meeting 3:30pm MOBILE FOOD PANTRY	23 10:30am Mindful Meditation 12pm -All Recovery Meeting	24 10am - All Recovery Meeting (Virtual Only)
25 8am - AA Sunday Serenity CLOSED	26 12pm - All Recovery Meeting 1:30pm - RCC Consumer Advisory Monthly Board Meeting 7:30pm - 12&12 NA Meeting	27 12pm- All Recovery Meeting 5:30pm- Find your Calm	28 10:55am-Emotions Anonymous 12pm - All Recovery Meeting 1:30pm - Recovery KARAOKE 5:30pm - Y12SR Yoga	29 12pm-All Recovery Meeting	30 10:30am Mindful Meditation 12pm -All Recovery Meeting	31 10am - All Recovery Meeting (Virtual Only)
Please join us for our monthly East Bay Recovery Community Centers Advisory Board Meeting. The last Monday of each month. This is an opportunity for your voice to collaborate giving feedback, share experiences and help guide the Recovery Centers programs, services and priorities to support the improvement and needs of the community. If interested - ask a Recovery Peer Specialist for details						
Zoom Link for EBRC Groups: Zoom: https://zoom.us/j/7545086986 Meeting ID: 754 508 6986 Call in:1-646-558-8656,7545086986# Meeting ID: 754 508 6986		HOURS OF OPERATION: Monday 9am - 5pm Tuesday 11am - 7pm Wednesday 9am - 5pm 		Thursday 9am - 5pm Friday 9am - 5pm Saturday 10am All Recovery Mtg (VIRTUAL ONLY)		Mobile Food Pantry October 22, 2026 3:30pm - 4:30pm ALL WELCOME - BRING ID & PIECE OF MAIL
All Meetings are Hybrid-Use zoom link above						