
FOOD PANTRIES AND MEAL SITES IN RHODE ISLAND'S EAST BAY

An initiative of the
Food Systems Working Group
for Bristol, Warren and East Providence HEZs

Questions? Call the East Bay HEZs at
401-431-9870 ext. 1635 or email
eprovhez@ebcap.org



FOOD PANTRIES BY DAY

See pages 5-7 for additional details about sites.

Monday	EBCAP – Bullock’s Point Food Pantry (12:30pm-4:30pm) EBCAP – Newport Food Pantry (10am-2pm) Tap In – Barrington (9am-12pm) Good Neighbors Meal Site (11am-1pm)
Tuesday	EBCAP – Tiverton Food Pantry (9am-2pm) Tap In – Barrington (9am-12pm) St. Mary of the Bay Food Pantry - Warren (3pm-6pm) Good Neighbors Pantry - Riverside (3rd Tuesday of the month 5pm-7pm) Good Neighbors Meal Site (11am-1pm) Good Neighbors - Rumford (2nd and 4th Tuesday of the month 5pm-7pm)
Wednesday	East Bay Food Pantry - Bristol (10am-6:30pm) EBCAP – Bullock’s Point Food Pantry (12:30pm-4:30pm) EBCAP – Tiverton Food Pantry (9am-4pm) Tap In – Barrington (9am-12pm) St. Mary of the Bay Food Pantry – Warren (9am-11am) Good Neighbors Pantry - Riverside (9am-12pm) Good Neighbors Meal Site (11am-1pm)
Thursday	EBCAP – Bullock’s Point Food Pantry (12:30pm-4:30pm) EBCAP – Newport Food Pantry (9am-2pm) Tap In – Barrington (9am-12pm, and 4pm-7pm) Gates of Hope Mobile Pantry – Warren (Last Thurs. 2pm-5pm) Good Neighbors Meal Site (11am-1pm)
Friday	East Bay Food Pantry - Bristol (10am-3pm) Tap In – Barrington (9am-12pm) Good Neighbors Meal Site: Dine In or To Go (9:30am-1pm)
Weekends	Saturdays - Open Hands at Barrington Baptist Church - (9:30am- while supplies last) Saturdays - United Methodist Church Soup Kitchen in Warren (11am-1pm) Last Saturday of the month - Good Neighbors Pantry - Riverside (10am-12pm) <u>Visit RI Community Food Bank website to Find Food Assistance Near You (rifoodbank.org) and click “Find Food”</u>

MEAL SITES AND SERVICES

See pages 5-8 for additional details about sites.

Kid's Food	School-Based & Summer Meals Programs: Check with your school's front office to learn how to connect to food programs. Free/Reduced Lunch and Classroom Pantries exist in some public schools.	St. Mary of the Bay Food Pantry– Warren: Children's food and snacks during Tuesday and Wednesday operating hours. East Bay Food Pantry – Bristol: Food4Kids, Supplemental meals for children, Fridays 10am-12pm
Senior Food	Warren Senior Center: Prepared Lunch at 11:30am, Monday-Friday. Advanced registration required St. Mary of the Bay Food Pantry – Warren: CSFP boxes for qualifying seniors. Distributed first three weeks of the month during operating hours. See front desk for application.	Bristol Senior Center: Prepared Lunch at 11:30am, Monday-Friday, advanced registration required East Bay Food Pantry-Bristol: 1st Friday monthly, 1pm-3pm, CSFP boxes, advance registration required East Providence Senior Center Monday-Friday at 12pm. \$3.00 suggested donation. Call 2 days in advance to make your reservation. 401-270-1814.
Fresh Produce	St. Mary of the Bay Food Pantry-Warren: Produce offered at all pantry hours. TAP IN Pantry in Barrington Produce offered at all pantry hours.	All EBCAP Sites (see below) Good Neighbors Food Pantry in East Providence Produce offered at all pantry hours. East Bay Food Pantry – Bristol: "Fresh Food" Produce offered at all pantry hours.

SPECIAL PROGRAMS AND SERVICES

See pages 5-8 for additional details about sites.

Online Orders	East Bay Food Pantry - Bristol: Order at www.eastbayfoodpantry.org/order-food For pick-up on Wednesdays and Fridays.	
Food Delivery	St. Mary of the Bay Food Pantry- Warren: Weekly delivery in Warren for the homebound. Delivery is on Wednesday mornings. EBCAP AmeriCorps Seniors Portable Pantry: Call 401-435-7876 ext. 1137 to arrange in advance This program is only available to ages 55+ and in Warren or EP.	Tap In - Barrington: Call 401-247-1444 to arrange delivery. East Bay Food Pantry - Bristol: Wednesdays, Thursdays, Fridays, call 401-396-9490 ext. 1 to arrange in advance -- Only available to the homebound and those without reliable transportation.
Fresh Produce at Farmer's Markets	*Thanks to a grant from Farm Fresh RI, EBT and SNAP participants can double their dollars to purchase fresh fruits and vegetables.	Hope & Main - Warren: Fridays 4pm-7pm, weekly in the summer. Mount Hope Farmer's Market - Bristol: Saturday mornings, 9am-12:30pm.
Reduced Cost Groceries	FeedRI - Hope Market - Rumford: Mon: 3pm-6pm; Tues: 12pm-3pm; Wed: 3pm-6pm; Thurs (ages 55+): 12pm-1pm; Thurs (regular hours): 1pm-3pm; Sat: 8am-12pm	

DIRECTORY OF SITES

List is alphabetical by town. Please contact pantries directly with any questions.

Tap-In Food Pantry & Furniture: BARRINGTON 

Location: 281 County Road Barrington, RI 02806

Website: <https://www.tapinri.org/>

Pantry Hours: Monday through Friday 9am-12pm, Thursdays 4pm-7pm.

Delivery by request. Call to schedule.

Contact Information for Pantry and to Request Furniture:

Phone: 401-247-1444, Email: info@tapin.org

Open Hands Food Pantry: Barrington Baptist Church- BARRINGTON 

Location: 25 Old County Road Barrington RI

Website: <https://www.bbcri.org/give>

Pantry Hours: Saturdays, 9:30am as supplies last

Contact Info: 401-246-0188

Benjamin Church Senior Center: BRISTOL 

Location: 1020 Hope St Bristol, RI

Website: <https://www.bristolseniorcenter.com/>

Senior Lunch Hours: Monday through Friday 11:30am-12:30pm. (Must pre-order by calling the phone number the day before. Monday orders must be made on Fridays. Suggested \$3 donation).

Call Ahead: (401) 253-8458

East Bay Food Pantry: BRISTOL 

Location: 532 Wood Street, Bristol, Rhode Island 02809

Website: <https://eastbayfoodpantry.org/>

Food Distribution Hours: Wednesdays 10am-6:30pm, Fridays 10am-3pm

 Delivery Program on Wednesdays, Thursdays, and Fridays. Call to sign up.

(* *TEMP Location 655 Metacom Ave, Bristol*) ***Thrift Store Hours:** Mon., Tues. Sat. 10am-4pm

Contact: Phone: 401-396-9490, Email: info@eastbayfoodpantry.org

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EBCAP - Dennis Roy Building: EAST PROVIDENCE



Location: 100 Bullocks Point Ave., East Providence, RI 02915

Website: www.ebcap.org/programs/food-pantries/

Hours: Mondays, Wednesdays, Thursdays 12:30pm-4:30pm

Contact: 401-848-6697, ext. 1140

EBCAP- AmeriCorps Seniors Portable Pantry: EAST PROVIDENCE/WARREN



Location: Delivers to the Doorstep, office in East Providence

Website: www.ebcap.org/programs/east-bay-retired-senior-volunteer-program/

Hours: Monday through Friday 8am-4:30pm Delivery Program only.

Who Qualifies: Difficulty leaving home, homebound, transit challenged and 55+.

Call to Sign Up: 401-435-7876 ext. 1137

Good Neighbors Food Pantry EAST PROVIDENCE



Location: 55 Turner Ave Riverside RI 02915

Website: <https://www.goodneighborsri.org/>

Hours: Wednesdays 9am-12pm, 3rd Tuesday of each month 5pm-7pm, and last Saturday of each month 10am-12pm; **Meal site is open Monday to Thursday from 11AM-1PM and Friday 9:30am-1pm for dine-in or to-go meals.**

CONTACT: 401- 433-0045; info@goodneighbors.org.

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Rumford Pantry: EAST PROVIDENCE

Location: 100 Newman Ave Rumford RI 02916

Hours: The 2nd and 4th Tuesday of each month from 5pm-7pm.

Contact: 401-434-4742

East Providence Senior Center Meal Site: EAST PROVIDENCE

Location: 610 Waterman Ave, East Providence, RI 02914

Hours and Days: Monday-Friday at 12pm.

The East Providence Senior Center is a congregate meal site that serves a hot lunch Monday-Friday at 12pm. \$3.00 suggested donation. Lunch menu is provided in their monthly newsletter, found on the City of East Providence's website. Call 2 days in advance to make your reservation. 401-270-1814. Residents do not need to be a member to only come for lunch.

Website: <https://eastprovidenceri.gov/departments/senior-center>

Contact: (401) 435-7800

EBCAP-Jean E. Hicks Center Food Pantry: NEWPORT

Location: 19 Broadway, Newport, RI 02840

Website: www.ebcap.org/programs/food-pantries/

Hours: Mondays, 10am-2pm and Thursdays, 9am-2pm

Contact: 401-848-6697, ext. 1534

EBCAP-Tiverton Center Pantry: TIVERTON

Location: 1048 Stafford Rd, Tiverton, RI 02878

Website: www.ebcap.org/programs/food-pantries/

Hours: Tuesdays 9am-2pm, Wednesdays 9am-4pm

Contact: 401-625-5134, ext. 2302

DIRECTORY OF SITES

List is alphabetical by town. Please contact pantries directly with any questions.

Gates of Hope Mobile Food Pantry: WARREN

Pop Up Location: East Bay Recovery Center- 31 Railroad Ave, Warren, RI 02885

Website: <https://www.ebcap.org/programs/east-bay-recovery-center/>

Hours: Mobile pantry comes to Warren once per month, last Thursday of every month 3:30pm to 4:30pm. Please bring an ID and 1 piece of mail. Fall River Location is open Tuesday-Friday 2pm-4pm by appointment only. Call below to schedule.

Contact: 508-837-1962

St. Mary of the Bay Food Pantry: WARREN

Location: 645 Main Street, Warren, RI 02885

Website: <https://stmaryofthebay.org/smb-serves/>

Pantry Hours: Tuesdays 3pm-6pm, Wednesdays 9am-11am

Contact: Phone: 401-245-7000, ext. 19

Email: smbfoodpantry@gmail.com

Warren Senior Center: WARREN

Location: Andreozzi Hall, 20 Libby Lane Warren, RI

Website: https://www.townofwarren-ri.gov/departments/senior_center.php

Prepared Senior Lunch Hours: Monday-Friday 11:30am. (Must pre-order). (Café opens at 11:15am, and meal is served at 11:30am. Lunch must be ordered by 10:30am the day prior. Monday, orders must be made on Fridays.) Suggested \$3 donation.

Age 60+ and the differently abled community.

Lunch Line: 401-255-3338 Kitchen Manager: Ann Primiano

NEED MORE HELP?

RI Department of Human Services

Website: <https://dhs.ri.gov/>

Phone: 1-855-MY-RIDHS (1-855-697-4347)

EBCAP Social Services and Family Center

Website: <https://ebcap.org/programs/social-services-family-centers/>

Phone: 401-437-1000, ext. 6604

United Way 211

Website: <https://www.unitedwayri.org/>

Phone: Dial 211

Services and Translation are available, 24hrs per day, 7 days a week

Want to Help?

Call any of the Food Pantries in this directory to donate food, money, or your time as a volunteer! For other ways to give back,

visit rifoodbank.org/ways-to-give/

HEZs are an initiative of the Rhode Island Department of Health.

East Bay Community Action Program is the backbone agency for the Warren, Bristol, and East Providence HEZs.

